



TENINO  
FAMILY  
DENTAL  
CENTER

## YOUR NEW PARTIAL

It is our goal to provide you with a partial denture that fits comfortably and to help you in getting used to it. It is a process that we work together on, but mostly depends on your ability to adapt to having something foreign in your mouth.

**Oral Hygiene:** One of the advantages of a partial denture over a full denture is that you have some of your natural teeth to help retain and stabilize it. Proper oral hygiene is important to maintain the remaining natural teeth. The teeth that the partial attaches to need particularly close attention. Decay can occur where plaque and food get trapped between the partial and your teeth. Rinsing and/or brushing your teeth and partial immediately after eating can greatly reduce the chance of decay. Leaving your partial out overnight will help decrease the decay rate as well.

**When To Wear:** Partials are designed to fit snugly around the teeth. For this reason it is very important that you wear your partial each day, removing it at night and replacing it in the morning. You may find that the partial fits tighter when you first put it in your mouth in the morning. This is due to the fact that teeth will drift slightly when other teeth in the mouth are missing. In some cases, if the partial is left out of the mouth for any length of time, ie... 1-2 weeks, the natural teeth may move enough so that the partial will no longer fit.

**Caring For Your Partial:** Brush the inside and outside of your partial with a denture brush and a cleanser specific for dentures. Do not use bleach, hot/boiling water or the microwave when cleaning your partial. When you are in for an exam we will clean it for you as well. When putting your partial in your mouth seat it with finger pressure, biting it into place can overstress the clasps and lead to early breakage.

**Checkups:** It is normal for a partial to need clasp adjustments as it loosens with wear. Over time the gum tissue and underlying bone that help support your partial will shrink and the partial may need to be "relined". Regular exams and cleanings are required to help maintain the function of your partial and your natural teeth. Talk to your dentist or hygienist about an appropriate schedule for your particular situation.

**If you have any questions or concerns about your partial be sure to give us a call!**