

Night Guard/Clear Splint Care Instructions

- Brush and Floss prior to use
- **Important**-Always soften the appliance under WARM tap water for 20-30 seconds prior to insertion. Failure to do so can result in fracturing the appliance
- Clean appliance with toothbrush and tooth paste after use to remove any plaque debris
- Keep appliance in a dry container when not in use
- Regular use of OTC denture cleaners or pro tech cleaner with a maximum 20-minute soak will help manage any accumulation of minerals or stain. DO NOT use chlorine bleach, alcohol based cleansed or other caustic/harsh chemicals as that may alter clarity or damage appliance.
- Do Not boil appliance
- Removal of appliance is best accomplished by using equal pull on both sides
- ~~Store safely away from children and pets.~~

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